

THE FRONTLINE BLUEPRINT:

WHAT POLICING TAUGHT ME ABOUT
PSYCHOLOGICAL SAFETY AND COMPETITIVE
ADVANTAGE

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69%

of PEOPLE SAY THEIR
MENTAL HEALTH IS MAINLY
IMPACTED BY THEIR
MANAGER

STRESS

CHRONIC & EXCESSIVE



CULTURE

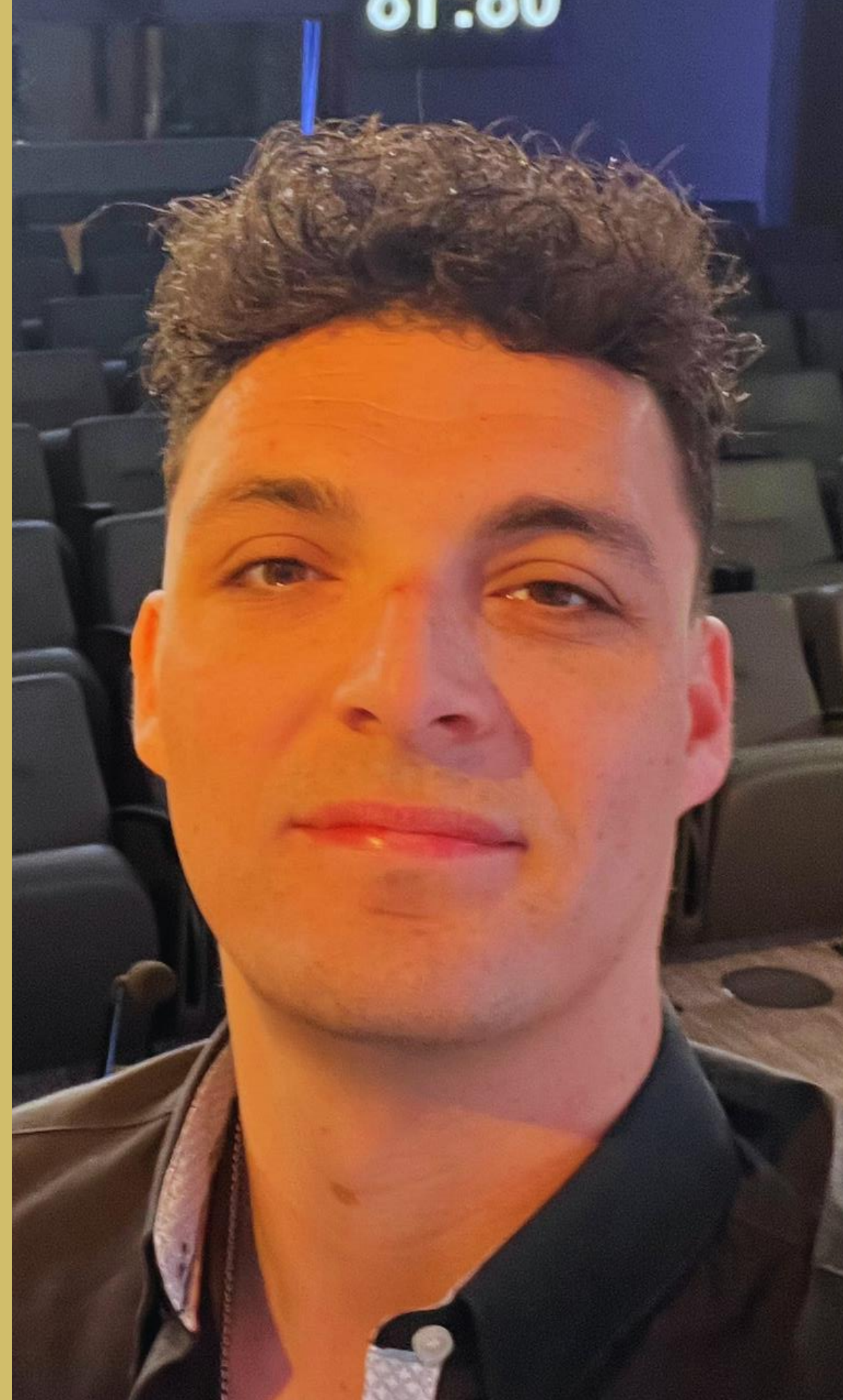
MACHO & UNSUPPORTIVE





DURING

AFTER





Debrief

To learn but also to
create a culture of
trust.

Path to Psychological Safety



**“EVERY CONTACT IS A
LEARNING CONTACT.”**

Path to Psychological Safety

Debrief

To learn but also to
create a culture of
trust.

Energy

Ask yourself, what
energy am I
exuding?

80%

A LEADER HAS 80%
IMPACT ON TEAM
CLIMATE.

Path to Psychological Safety

Debrief

To learn but also to create a culture of trust.

Proactive

Check in and show face.

Energy

Ask yourself, what energy am I exuding?

**OUR RESPONSES TO THE
“HOW ARE YOU?”**



End of Conversation

Path to Psychological Safety

Debrief

To learn but also to create a culture of trust.

Proactive

Check in and show face.

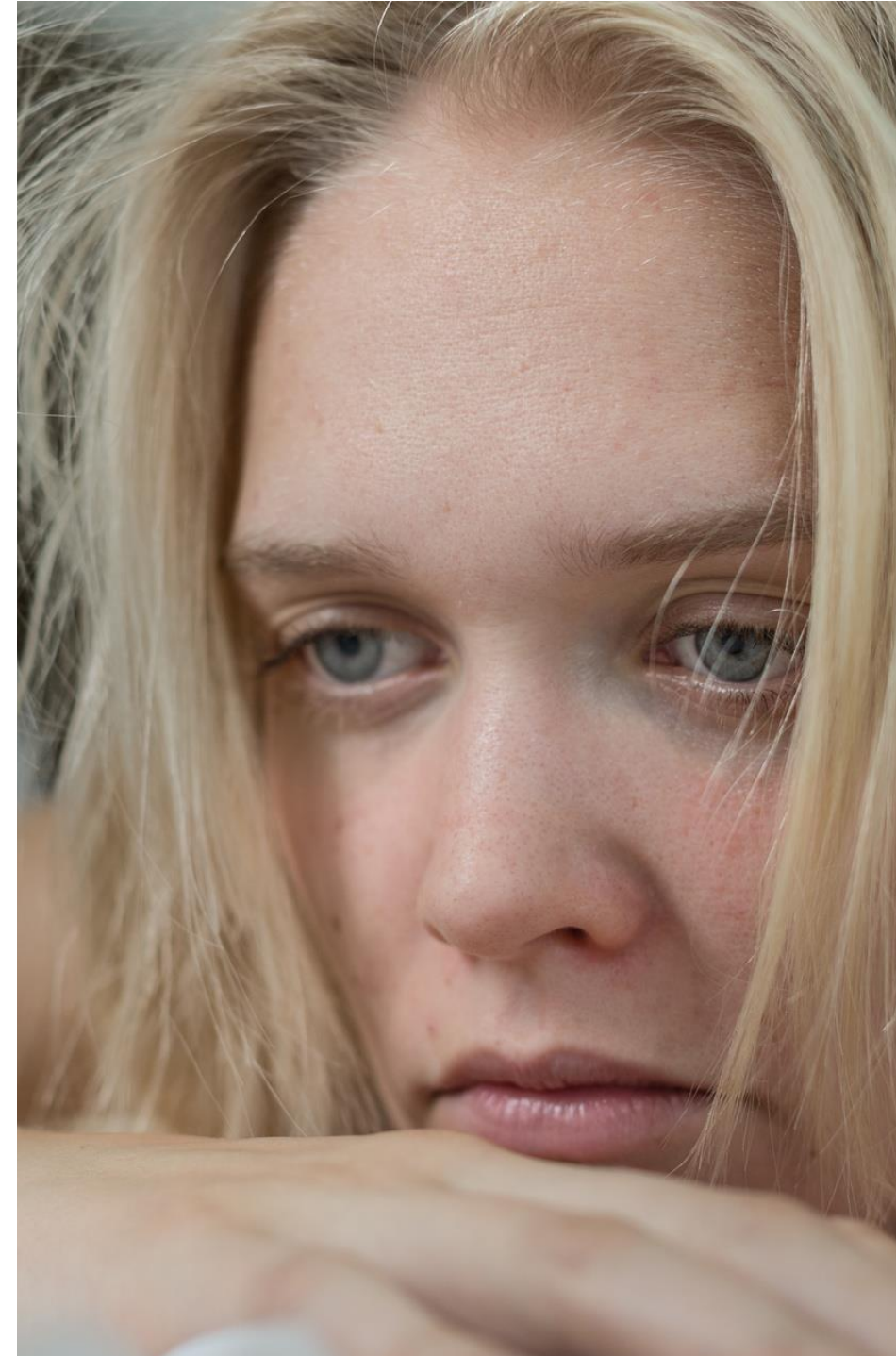
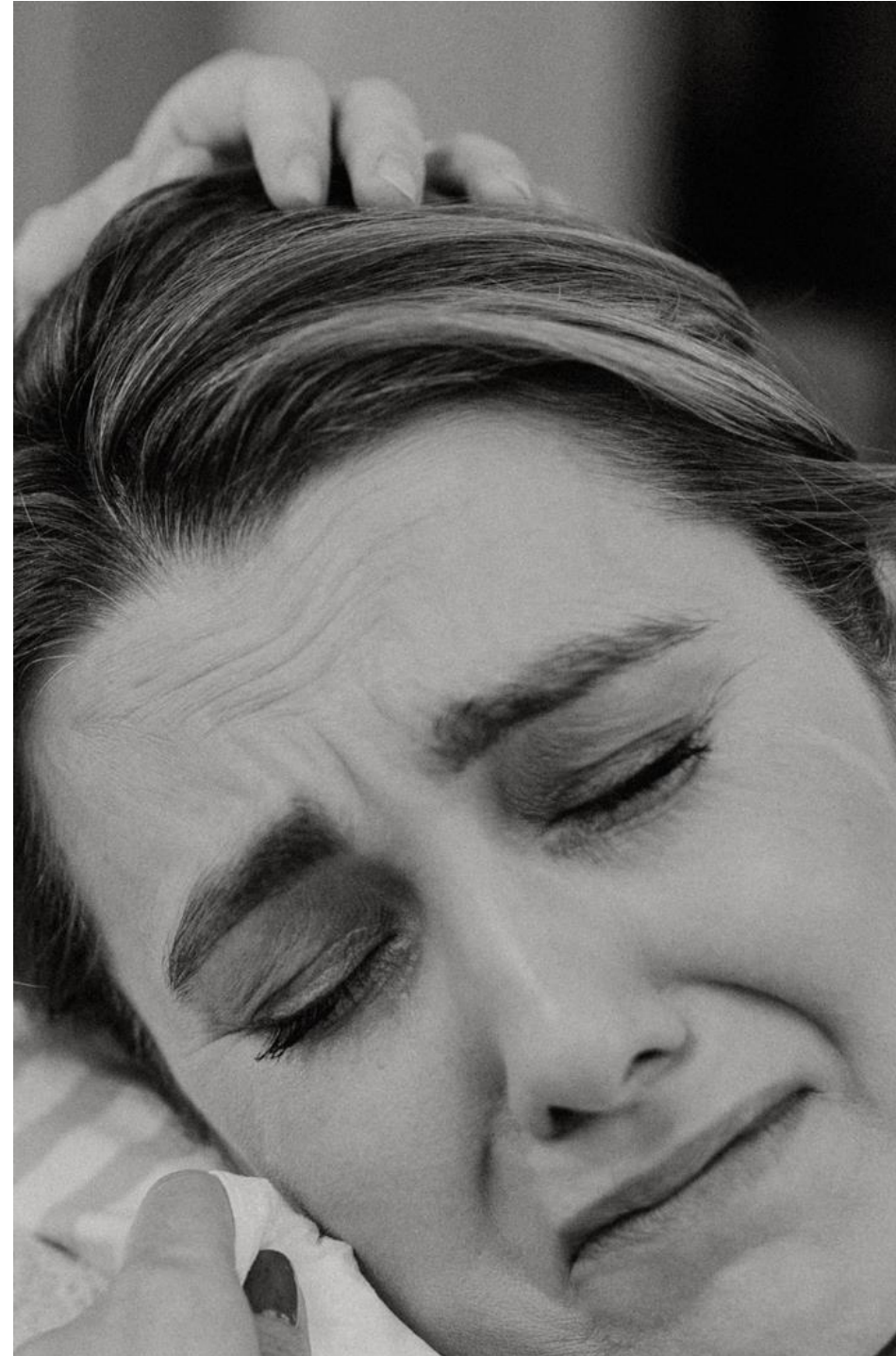
Energy

Ask yourself, what energy am I exuding?

Autonomy

Delegate, but don't forget to lead by example.

WHAT DOES A SUFFERING PERSON LOOK LIKE?



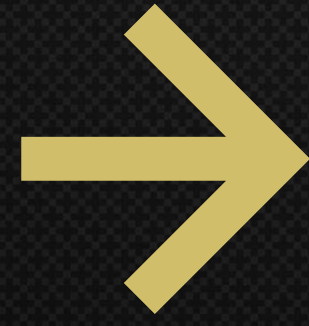
WHAT ABOUT NOW?




RE

Someone's outward appearance is not always a true reflection of what is going on internally.

I
WORE
A
MASK





**“NO PLAN SURVIVES FIRST
CONTACT WITH THE ENEMY.”**



Path to MENTAL FLEXIBILITY

F

FACE UNCERTAINTY

L

LOWER THE NOISE

E

EXPLORE OPTIONS

X

EXAMINE WHAT COULD CHANGE



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